

NDI Insider

The newsletter of Indiana's

NeuroDiagnostic Institute
and Advanced Treatment Center

5435 E. 16th St., Indianapolis, Indiana | www.in.gov/fssa/dmha/2935.htm | Vol. 6, Issue 3, March 2022

From The Executive Desk of Matt Foster, NDI Superintendent

Hey team:

Many of you have been asking what's going on with the Advanced Treatment Center (ATC) on the first floor. The short answer is "a lot," but I owe you a longer explanation.

The ATC is offering "integrative psychiatry" (IP) to patients. IP seeks "whole person healing" by going beyond what is typically offered at psychiatric hospitals (i.e., medication and talk-based therapy). IP holds that a patient's "whole person" has four distinct areas of wellness – physical, mental, emotional, and spiritual – and employs innovative therapies to foster healing and balance in all four areas. Several "whole person" therapies have already started (e.g., sound/music therapy, grounding therapy, reiki, and yoga) and more are on the way (e.g., massage therapy, interpersonal psychological therapy, and neurofeedback). We hope to help restore patients' overall wellness at the same time we're treating their illnesses and equip them to maintain that wellness on their units and post-discharge.

Until now, we've kept the IP project quiet in case of unexpected hiccups or problems. Things have gone well, however, so we're getting louder. We're on track to formally launch the renamed "Advanced Treatment Center for Integrative Psychiatry" (ATCIP), with all therapies in place, by April or May. We want each of you to be a part of the ATCIP and its launch, so stay tuned for more info over the coming weeks. If you want to get involved now, please come aboard! Just email me and I'll get you connected with the right folks.

Thank you, NDI team, for all you do, and for being with us at this exciting time! 2022 is becoming a great year for us. Thanks.

Matt



The NeuroDiagnostic Institute and Advanced Treatment Center, Indiana's newest state psychiatric hospital, delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses and moves them more efficiently into the most appropriate treatment settings within the community or state mental health system.

MARCH EMPLOYEES OF THE MONTH



Our NDI Nursing Night Shift Star of the Month is Adams Akintunwa

“I would like to nominate Adams for employee of the month for his hard work. Adams is always flexible and willing to help on any unit. I know I can count on Adams for anything. Every night at work, he checks in on 3E to ask if we are all ok and if we need anything. Adams is a true team player.”

Our NDI Nursing Day Shift Star of the Month is Caitlin Montgomery

“Caitlin is steadfast, loyal, and reliable. She has functioned as ADON and UD while her manager has been away. She bears the bulk of orienting any new management staff in her service line. Caitlin has lost nurses and other long-term staff after years of service and must work in the milieu and as the nurse for months.

In recent months one of the most challenging patients encountered has required frequent multiple safety interventions. This is a physically and emotionally draining experience with exhaustive amounts of charting. Caitlin continues to operate as a compassionate professional in extraordinary circumstances. She also works with capstone students encouraging the best and brightest nursing futures.”

“Caitlin goes above and beyond for her patients and staff. She works over when she is needed. She listens when she is needed. She is an amazing boss. We all love her.”

Our NDI Non-Nursing Star of the Month is Justissa Elion-Epon

“Justissa’s role at NDI is uniquely vital and challenging. The NDI, as one of the six state operated hospitals in the Indiana Psychiatric Network (INSPH), delivers advanced evaluation and treatment for patients with the most challenging and complex neuropsychiatric illnesses.

The delivery of these advanced, sometimes complex services requires high-level administrative and financial functions and oversight not found at other INSPH hospitals. Justissa, both directly and through three (3) account managers, ensures the operation and oversight of those functions. While short one very vital position, Justissa still finds a way to assist her staff and collectively they get the work done. Her dedication to high level projects and new contracts also usually goes unnoticed, because honestly, that’s just how she rolls. She makes sacrifices and works additional time if necessary to deliver no matter what the situation is.

If that wasn’t enough, Justissa is also responsible for managing and securing adherence to the NDI Budget, currently set at 36 million dollars for SFY 22.

Justissa always focuses on being a team player for the NDI, contributing and providing financial analysis where it is needed. Her abilities and work ethic inspire her peers throughout the hospital staff. If any State employee warrants to be the NDI “STAR” of the month, it’s Justissa. The NDI is very fortunate to have her!!

NEWS FROM THE EMPLOYEE RECOGNITION COMMITTEE

BY JEFFERY CLEARWATER

The following NDI employees were also nominated for Employee of the Month: Scott Ball, Amanda Batson, Doreen Brunner, Robert Feczko, Karen Hudson, Chris Kerl, and Sunny Moseby.

Congratulations to all who were nominated, and a GREAT BIG THANK YOU from the Employee Recognition Committee to all of you who took the time to nominate one of your peers. It is a very thoughtful thank you for great teamwork!

The ERC had another decrease in nominations for Employee of the Month for this month. The ERC is going to put out more nomination forms and you can also send an email. It's a great way to appreciate your co-workers. Please submit nominations to: ERCNDI@fssa.in.gov. The nomination form can also be found in the L drive under **FSSA NDI Employee Recognition Committee**. You can add your name when nominating someone or keep it anonymous. Reach out to me, Marti Coffey, Vicky Tucker, Vernell Martin or any other ERC member. We are glad to bring you in!

NDI DASHBOARD – MARCH 2022

Bridge Building Refreshers

**3/16/22 DAY
SHIFT
3/23/22 DAY
SHIFT**

CPR Refreshers

**3/1/22
&
3/29/22**

General Orientation

**3/7/22-3/11/22
3/21/22-
3/25/22**

CENSUS

- Adult-50
- Youth-9
- Damar-5
- Total-64

FEBRUARY ADMISSIONS

- Adult-12
- Youth-4
- Damar-3
- Total-19

FEBRUARY DISCHARGES

- Adult-7
- Youth-5
- Damar-3
- Total-15

CERTIFICATES OF EXCELLENCE



Blessing Adefolaju

Adams Akintunwa

Kelsey Balson

Niki Brinker

Emily Davis

Gerald Garrett (3)

Raymond Gregory

Karen Hudson

Samantha Love

Lakisha Morris

Oladipupo Oladimeji (2)

Lorell Patterson

Patricia Rainey

Allison Robertson

Erin Smiley

Sheri Staten

Aubree Walker

Mobolanle Adegunle

Walter Baca

Ebony Barron

Jalea Chadd

Steve Dykstra (2)

Jasmine Gordon

Hannah Hansman

Jeremy King

Megan Miller

Ashley Murphy

Evon Owens

Melanese Pinkler

Diondrae Rice (2)

Samuel Rubek

Savahanna Smith

Cassandra Strong

Sibyl Webster

Opey Adeyonu

Scott Ball

Amanda Batson

Pamela Conover

Robert Feczko

Kelvin Graham

Shante Harris (2)

Fernande Kouakou

Caitlyn Montgomery

Adrienne Nance

Brittany Paradiso (2)

Michael Radford (2)

Malaya Ridley

Zakia Self

Brandon Spratt

Hugh Taylor (2)

Anyone can nominate a fellow employee for a Certificate of Excellence. Please include: Name of recipient, recipient's supervisor, brief statement of why you wish to recognize your colleague. All recommendations should be sent to Lisa Canada (Lisa.Canada@fssa.IN.gov) or to the new NDI ERC email box (ERCNDI@fssa.in.gov)



The NDI Executive Council would like to recognize the following Special Attendants, Special Attendant Supervisors and RN's who were assigned to consistently provide care, treatment, and services to meet the needs of a challenging patient on 3S.

Debo Adebota

Akintade Adefulire

Adefisayo Adejinmoye

Bamidele Adejola

Toheeb Aderemi

Opey Adeyonu

Olatunji Akingbulire

Adams Akintunwa

Walter Baca

Keiston Drake

Gerald Garrett

Jason King

Jeremy King

Abiola Kolurejo

Fernande Kouakou

Ashley Murphy

Bobola Oyedeji

Brittany Paradiso

Joe Perkins

Michael Radford

James Runchel

Byron Smith

Brandon Spratt

Keith Terrell

Damon Warner

NDI WILL BE OFFERING **MODERNA** COVID VACCINE ON 3/15/22 IN THE CLINIC AT THE FOLLOWING TIMES 9AM-11AM 1PM-3PM 5PM-7P

PLEASE CALL OR EMAIL LORI GIBSON AT EXT 4072 OR lori.gibson@fssa.in.gov if you are interested

This is for staff members who are wanting to start the vaccine series or get their booster. For the booster vaccine, it must be at least 5 months after the primary dose of Pfizer or Moderna has been completed, or 2 months after the Janssen vaccine

PLEASE BRING VACCINE CARD AND COMPLETED FORMS WITH YOU TO THE CLINIC



kudos



Marti Coffey was awarded SPD's "Rookie of the Year" for her incredible work during her first year with SPD!



Teresa Tucek, RDT and Eileen Bricker, RDT

National Nutrition Month® is an annual campaign created by the Academy of Nutrition and Dietetics. During the month of March, everyone is invited to learn about making informed food choices and developing healthful eating and physical activity habits.

This year's theme, "Celebrate a World of Flavors," showcases how flavors from cultures around the world is a tasty way to nourish ourselves and appreciate our diversity. We are all unique with different bodies, goals, backgrounds and tastes! A Registered Dietitian Nutritionist can help you create healthy habits that celebrate your heritage and introduce you to new foods and flavors.

NDI's Registered Dietitian Nutritionists will be emailing the staff weekly nutrition tips along with a fun activity. Additionally, the RD's will be providing weekly food tastings for our patients introducing some uncommon, but nutrient packed foods for them to taste.

Don't forget about your Registered Dietitian Nutritionist on Wednesday, March 9, 2022. March 9 is the day that the Academy of Nutrition and Dietetics celebrates Registered Dietitian Nutritionists. As the nation's food and nutrition experts, registered dietitian nutritionists are committed to improving the health of their patients, clients and communities. Registered Dietitian Nutritionist Day and National Nutrition Month promote the Academy and RDNs to the public and the media as the most valuable and credible source of timely, scientifically based food and nutrition information.



SOCIAL WORK MONTH

BY CASSANDRA STRONG, LCSW, PSYCHIATRIC SERVICES DIRECTOR

March is Social Work Month! The theme for Social Work Month 2022 is “**The Time is Right for Social Work**”.

Throughout U.S. history, social workers have:

- » Fought for civil and voting rights for people of color
- » Protested American intervention in wars
- » Achieved the minimum wage and safer workplaces for poor people
- » Expanded reproductive and employment rights for American women
- » Supported marriage and employment protections for LGBT people
- » Advocated for immigrants seeking asylum
- » Pushed for sensible gun laws and anti-violence initiatives
- » Raised awareness about HIV/AIDS prevention and treatment
- » Fought for client privacy and mental health services



THE TIME IS RIGHT
FOR SOCIAL WORK

There are nearly 720,000 social workers in our nation. That number is expected to grow by 12 percent by the end of the decade, making social work one of the fastest growing professions in the nation, according to the Bureau of Labor Statistics. Social workers have been an integral part of our nation for decades. The time is always right for social work. However, more people are entering the field because the life-affirming services that social workers provide are needed more than ever. This is especially true as our nation continues to grapple with the COVID-19 pandemic, systemic racism, economic inequality, global warming, and other crises.

(Information for this article taken from the National Association of Social Works (NASW) website)

Who is on the social work team at NDI?



Cassandra Strong, LCSW
Social Work Director
Time at LCH/NDI: 8 years



Allison Robertson, MSW, LSW, CSAYC
Unit 3W
Time at LCH/NDI: 5 years



Shanelle Justice, BSW
Unit 3E
Time at NDI: 5 months



Chelsea Hardin, BSW
Unit 3E
Time at NDI: 1.5 years



Shante Harris, BSW
Unit 6E and coverage on 4E
Time at NDI: 2 years



Keniyah Patterson, BSW
Unit 2E and coverage on 4E
Time at NDI: 2 years



Erin Smiley, BSW
Unit 7E and coverage on 4E
Time at NDI: 9 months



Akintade Adefulire

Anjum Ara

Darryl Bledsoe, Jr

Kelsey Balson

Caressa Bridgman

Patti Clift

Bridget Gaines

Gloria Grant

Elizabeth Henderson

Amber Hooker

Morgan Ingram

Debra Johnson

Nicholas Johnson

Emily Kardis

Adesuwa Omorogbe

Ebone Owens

Zakia Self

Tori Selznick

Cheryl Shields

Byron Smith, Jr

Debra Teagle

Monica Williams

Trauma Informed Care

Dr. Kellee Hawkins-Coleman, Clinical Director

Christopher Kerl, Staff Development Director

SAMHSA-Six Principles of a Trauma Informed Approach



Trustworthiness and Transparency

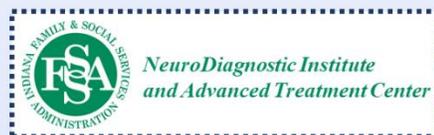
According to SAMHSA, trustworthiness and transparency is:

Organizational operations and decisions are conducted with transparency and the goal of building and maintaining trust among staff, clients, and family members of those receiving services

Multiple Relationships influence each other

Client/Patient ◀▶ Staff
Staff ◀▶ Staff
Staff ◀▶ Supervisor
Staff ◀▶ Administration

Indiana FSSA Item Order



Did you Know!?

You can get FSSA and NDI specific apparel?



Visit this site!

indianafssa.itemorder.com



TORNADO SAFETY

By Chris Kerl, Emergency Management Director

Winter seems to drag on and on, but Spring is just around the corner! With Spring comes a different inclement weather situation, TORNADOS. This year's Statewide Tornado Drill will be conducted on Tuesday March 15, 2022, between 10 and 10:30 am. Let's review what to do in case of a Tornado per policy.

Definitions:

Severe Weather: refers to any dangerous meteorological phenomena with the potential to cause damage, serious social disruption, or loss of human life. This includes freezing temperature or wind chill temps at or below freezing, 95° or a heat index of 95° or above; lightning, heavy winds, heavy snow, rain, any type of inclement weather either observed or predicted.

Severe Weather Watch: Severe weather is possible in the watch area.

Severe Weather Warning: Severe weather has been detected in the watch area.

Tornado Watch: Tornadoes are possible in the watch area

Tornado Warning: A tornado has been sighted or indicated by weather radar. There is imminent danger to life and property.

Code Gray: Notification of the potential of severe weather exists.

Code Black: Notification of a tornado warning and or inclement weather necessitating all staff and patients to report to their designated tornado safe area.

Tornado Safe Area: Area designated by the Safety Officer as a place of shelter in the event of a Code Black.

Winter Storm Emergency- Accumulation of Ice, sleet, large amounts of snow and wind.

Winter Storm Advisory – The potential for a Winter Storm Emergency exists.

Winter Storm Alert – A Winter Storm Emergency activation is likely.

Winter Storm Activation- A “Code White - Winter Storm Emergency” will be called. The Superintendent or designee may stand up the Hospital Incident Management Team. Physical Plant Director will notify all state direct care employees via when-to-work application.

Security's Role in Inclement Weather

1. Security will monitor weather conditions via National Weather Service Weather Radio.
2. Security will ensure two-way radio is turned to Channel 1 during weather /disaster events.
3. Security will make a Vocera announcement – “Turn on radios and tune to Channel 1 for further information.”

CODE GRAY – Used when potential of severe weather (including thunderstorms, tornado watches, temperature extremes, and winter storms) exists.

1. Security will announce “Code Grey” via Vocera, overhead pager system, or radio.
2. Supervised activities may continue as scheduled unless directed otherwise by management.
3. Two-way radios shall be tuned to Channel 1 and are to be left on so that staff can hear updates.
4. Staff on outings will be notified via telephone to alert them of the situation, and this could necessitate the canceling of patient outings.
5. In the event of a tornado watch, all patients will return to their units until the "ALL CLEAR" is given over the loudspeaker

CODE BLACK – Used for tornado warning and or inclement weather necessitating all staff and patients to report to their designated tornado safe area.

1. Security will announce “Code Black-Weather” via Vocera, overhead pager system, or radio.
2. Staff are to escort patients to a safe place away from windows; close all doors to the patient bedrooms and close the pod doors.
3. **On each unit, staff are to move the patients to the doors exiting to the main hallway.** Staff are to keep patients in this area until an all clear is sounded.
4. Staff are to stay in contact with **Security** Office by two-way radio, Channel 1, for further information.
5. In the event of a Tornado Warning, an announcement will be made that a “Code Black - Tornado” is in place.
6. Staff will ensure all patients will be released from seclusion and/or restraint.
7. All staff and patients will report to their **Tornado Safe Area** and will remain until the "All Clear" is given by overhead announcement, Vocera, or radio.
8. Staff who are clocked in will remain in their Tornado Safe Area until the "All Clear" has been given.

